

Local Services and Support Available

To help you whilst **YOU STAY AT HOME**, we have compiled this information page

Doctors Surgeries

Wem & Prees Medical Practice
01939 233 476
Clive Medical Practice
01939 220 295

Both practices are OPEN for telephone consultations, call the practice as you normally would and a clinician will call you back

Prescription Ordering

Repeat Prescriptions can be obtained by prior arrangement and ordered in the following ways:
Prescription Ordering Direct - Telephone
033 33 583 509 or email
shropshire.pod@nhs.net

A Prescription delivery service is being offered by Rowlands Pharmacy (by the co-op or behind the GP Surgery) for the most vulnerable

Clive Pharmacy – Telephone
01939 220 532 for prescription requests only (do not use the 033 33 583 509 number)

A Prescription delivery service is being offered by Clive Surgery on **01939 220 295** for delivery to the most vulnerable residents of Clive and Wem

Dementia Care

– Dementia
Connect Support Line
0333 1503456

Domestic Abuse Support

National Domestic Abuse Helpline
0808 2000247 (24 hr)
West Mercia Women's Aid
Shropshire **0800 7831359** (24hr)
Respect (Men's Advice Line)
0808 8010327 (24hr)

Mental Health Support

Concerned about your own mental health or that of someone else, call
The Shropshire/Telford & Wrekin ACCESS service on **0300 124 0365**
or The Mental Health Social Work Team on **01743 255 895**

Shropshire Mind

Offers a wide range of support and services for people and their families affected by mental and emotional distress. Call
01743 368647

Monday – Friday office hours

The Samaritans

116123 24 hours 365 days

Save a Life – Give Blood

You can still give blood during coronavirus; a donation is considered essential travel. If you have an appointment, please keep donating as normal. For more info visit www.blood.co.uk

Shropshire Council

Shropshire Council has launched new Community Reassurance Teams, and a new dedicated Helpline, to help those who are vulnerable and in need of help.
Residents are being asked to use the Helpline if they have any coronavirus-related issues or enquiries. The Helpline is **0345 678 9028**, and is available from 8am to 6pm weekdays, and 9am to 1pm Saturdays.
Each caller will be asked to explain their need and, if required, this information will be passed on to the appropriate support.

Bin Collection Service

Updates are posted on the Shropshire Council website
www.shropshire.gov.uk,
telephone **0345 6789000**

Household Recycling Centres are closed

West Mercia Police

For non-urgent calls either visit the website:
www.westmercia.police.uk for alternative reporting options or call 101 (police non-emergency number)

A MESSAGE FROM WEM TOWN COUNCIL

Covid-19 Response

Since our first 'Public Notice' leaflet Wem Town Council has continued to actively monitor all that has been happening with regard to the Covid-19 Epidemic and how this impacts locally. Our NHS is under increasing pressure, so we have reviewed and are now updating our advice to you. It is particularly important that it reaches those who have no computer/email facility and is why we are using the Royal Mail to distribute the leaflet to reach as many homes as possible.

It has been really encouraging to see our community coming together at this time as we help each other, in our own individual ways, to pull through this time when anxiety, uncertainty and loneliness are the experience of so many.

Do continue to think about the variety of needs of all age groups amongst your neighbours - the young, those with families as well as the elderly and vulnerable. Most of us have had no experience of a national emergency like this until now, and it is taking some time to come to terms with our new social responsibilities to and for each other. Please continue to check on your neighbours in a safe way, find out their phone/contact detail(s) for easier communication, and make sure they have food, essential items and whether they need help in some way. **THANK YOU.**

Help with Food and Essential Items

If you are struggling financially and are in need of an emergency food parcel, it is important that you contact Wem Town Council on **01939 232 733** where you will be advised of what local support in the form of food parcels is available to you.

What can you do to help?

Food Donations - Whitchurch Food bank is in need of donations please donate by leaving an item at the co-op where they will be collected for distribution.

Financial Donations - can be made through the Whitchurch Foodbank website www.whitchurch.foodbank.org.uk or cheques made payable to Whitchurch Foodbank and posted to Whitchurch Foodbank, Bargates Hall, Church Street, Whitchurch SY13 1LB

Wem Store Cupboard – are providing emergency food parcels locally during this time. If you would like to make a financial donation please contact wemeatingwell@hotmail.com for details



WEM YOUTH CLUB

After the Easter holidays Wem Youth Club members aged 7-18 can call our Youth Worker on **07741885017** Monday to Thursday 9am - 2.30 pm
 We'll be running two nights of **Virtual Youth Club** sessions Tuesday and Wednesday 5.30 to 7pm
 So.....keep in touch!
 Book in beforehand by calling or on our Facebook page (Wem Youth Club) where there are games and puzzles - new members welcome to join online or by calling. Meanwhile - the Youth Club garden is progressing; we are planting veg seeds and tomato plants for when you're back...

WEM GOOD NEIGHBOURS

Help with other items – e.g. prescription collection
 Please contact Wem Good Neighbours on **01939 231 181** wemgoodneighbours@gmail.com and they will be able to find a volunteer or organisation who can help.
 Please note volunteers are not able to enter residents' houses.

Volunteer for Wem Good Neighbours

If you would like to volunteer to help Wem Good Neighbours please in the first instance contact Wem Town Council on **01939 232 733** for a short application form.

YOUR LOCAL WEM BUSINESSES THAT ARE HERE TO HELP

The following companies have stated that they can offer a limited delivery service to those most in need

(Please note this is not an endorsement of any business listed below and others may also be offering delivery services that we are not aware of at the time of printing)

Please contact them direct for more information

<p>ROBINSON & YOUNG 01939 235 300</p> <p>Delivery to Wem & Outlying Villages</p> <p>Essential items only Eggs, Bread, Milk, Potatoes, Cheese</p>	<p>COMYN BRUCE CATERING 07709 065195</p> <p>Home Made Ready Meals delivered free of charge within 20 miles of Wem</p> <p>WEM BUTCHERS 01939 232435</p> <p>Home Delivery Service</p>	<p>FRUITFUL DELI 01939 232 682</p> <p>Home Deliveries providing Bread, Savouries, Filled Rolls Eggs, Ham, Milk, Cheese & Breakfasts</p>	<p>MAYPOLE COURT CAFÉ 01939 235 802 07855827313</p> <p>Home Delivery Roast Dinner & Dessert Tuesdays and Thursdays Order before 2 p.m. the previous day</p>	<p>NS WHEELERS COMMUNITY BUS PROJECT</p> <p>Are offering a shopping delivery service for basic items Contact & Booking Enquiries 07383 440015 01939 232 425</p>	<p>NEIL FRANCE QUALITY FRUIT & VEG 01939 235 531</p> <p>Other items available</p> <p>Home delivery Monday Wednesday & Thursday Priority for the vulnerable</p>	<p>SHERRETT FARM SUPPLIES 01939 232 557</p> <p>Pet & Hen Food Supplies (bulk & collection only)</p> <p>NORTH SHROPSHIRE DOMESTIC SERVICES 07903 889532</p> <p>Home Made Ready Meals</p>	<p>THE DICKIN ARMS LOPPINGTON 01939 233 471</p> <p>Home Cooked Food Ready to cook</p> <p>Delivered Wednesday to Saturday</p>
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Co-Operative Food Store WEM

The Store is now taking orders for delivery from **Vulnerable people** and the **Elderly**, or those who cannot get out. If you are helping out a neighbour or you are in this category yourself please email a shopping list to wem.food@midcounties.coop including the customer's contact telephone number, and delivery address A member of staff will give them a call, let them know how much their order is and if there is the stock in store or if anything else is needed **PAYMENT CAN BE MADE OVER THE PHONE**

One of the volunteers will then deliver to the door and knock and retreat to maintain distance and acknowledge receipt of the shopping

Customers who do not have access to email are able to call the store on **01939 234 900** to place their order

This list is not exhaustive, if there is something you are struggling with please telephone Wem Town Council and we will try and point you in the right direction of someone who can help – please note our telephone line is not 24 hours and in times when the office is not staffed please leave a message and someone will return your call
Telephone 01939 232 733 or email info@wem.gov.uk